

In line with my motto, orientation - clarity - focus, I am now offering 5 days of intensive coaching online.

My offer is aimed at anyone who wants to improve and work on themselves!

I'm not giving any lectures, we're just working intensively on you and your goals.

You only have to be willing to invest **5 days** because it is an investment in yourself and you will emerge stronger and more focused than ever before.

Have you always wanted to work on these topics?

- **Productivity and efficiency in everyday (business) life**
- **Your skills as a manager**
- **Your personality and skill sets**

Then this is the perfect fit for you, but only if you are willing to work intensively on yourself for 5 whole days.

How does this work?

**On 3 of 5 freely selectable days** (i.e. MON, WED, FRI) we will make an appointment for your personal live coaching session. This session always lasts an hour.

We will determine your needs, we will define clear goals and start working immediately.

I use methods deriving from the spectrum of personality and leadership development, so positive psychology.

After each session you will get tasks you should implement, which we will then reflect on every day.

To support the learning effect, you will get a message with small bonus tasks from me in the morning (6 a.m.) and in the evening (7 p.m.) every other day (i.e. TUE, THU).

All of this will take place via your usual communication channels (i.e. Skype, WhatsApp, SMS etc.).

Within these 5 days you will get the opportunity to reflect, find clarity in your life, and to reposition yourself for the better.

**Register now and we'll get started right away.**